Essential Skills in Perinatal Mental Health for Maternity Staff Masterclass

International Forum for Wellbeing In Pregnancy

Course facilitator:

Dr Raja Gangopadhyay, Consultant Obstetrician with special interest in Perinatal Mental Health (PMH), United Kingdom

Aim & Objective

To improve the knowledge and skills in the management of mental health conditions during pregnancy, labour and postnatal period and acknowledge the vital role of the Maternity staff.

Target audience

Obstetric Consultants, trainees, midwives/ student midwives, Maternity Managers, GP and GP trainees.

Course highlights

- Assessment, identification & treatment of different mental health conditions during perinatal period.
- How to counsel women considering medication during pregnancy and breastfeeding.
- Effective multidisciplinary care planning in PMH.
- Impact of stress/ mental health condition can affect fetus and pregnancy outcomes.
- Mental health crisis during perinatal period.
- Effects on the father, couple relationship, bonding and attachments.
- Service development within Maternity Units.
- Safeguarding.

Course design

- Duration 3 hours (longer duration with additional topics could be arranged)
- Includes lectures, videos, Case discussions & interactive sessions.

For further information, please email: contact@ifwip.org